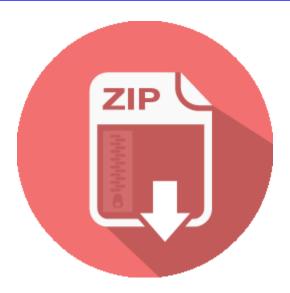
# **RECIPE FOR JAMAICAN FRIED DUMPLINGS**



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## The Best Jamaican Fried Dumplings Recipe Taste the Islands

Jamaican Fried Dumplings are a popular bread-style side. They are fit to accompany any meal throughout the day, but they re usually enjoyed with breakfast. The dough is made with flour, baking powder and butter, and it s easy to prep and fry up. There are other versions of these called Bakes found elsewhere in the Caribbean, but for Jamaicans, it s all about the fried dumplings.

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# Jamaican Fried Dumplings Recipe Allrecipes com

Place just enough of the dumplings in the pan so they are not crowded. Fry on each side until golden brown, about 3 minutes per side. Remove from the pan and drain on paper towels before serving. Fry on each side until golden brown, about 3 minutes per side.

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# Jamaican Fried Dumplings Recipes Cook Like A Jamaican

Jamaican Fried Dumplings Recipe By Fay on February 17, 2012 Fried dumplings are traditionally called Johnny Cakes, which derived from the name journey cake.

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# Jamaican Fried Dumplings Recipe Genius Kitchen

Directions. Mix dry ingredients together. Add water a little at a time and knead dough. Dough should be soft but not sticky. Pinch off pieces (golf ball size), roll into a ball and flatten slightly.

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## **Jamaican Dumplings Jamaican Recipes**

The regular Jamaican dumplings, if there is such a thing, are boiled or fried. And, not too often, we roast them as well. And, not too often, we roast them as well. Roast dumplings are usually made by children playing around a fire and placing little dumplings on the heat source just to see the outcomea curiosity thing.

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#### **Recipe Fried Dumplings Grace Foods**

Fried Dumplings Directions In a mixing bowl, combine 3 cups flour, sugar, salt, baking powder, Grace Hello Margarine and water and mix well. Add the milk and continue mixing, then add the remaining flour and knead well until it forms a smooth dough.

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#### Jamaican Fried Dumpling Recipe The Jamaican Mother

Fried dumpling is a piece of goodness that is enjoyed nice and hot. These little things are the ultimate comfort food. You can eat it by itself or enjoy it with almost anything.

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